

## The Railroad Employees National Health and Welfare Plan (formerly GA-23000)

### Basic Health Care Benefit

Highmark Blue Cross/Blue Shield	1-866-267-3320	
UNITEDHealthcare	1-800-842-9905	<a href="http://www.myuhc.com">www.myuhc.com</a>

### Care Coordination/Medical Management

Aetna	1-800-821-5615	<a href="http://www.aetna.com">www.aetna.com</a>
Highmark Blue Cross/Blue Shield	1-866-267-3320	
UNITEDHealthcare	1-800-842-4555	<a href="http://www.myuhc.com">www.myuhc.com</a>
ValueOptions	1-800-934-7245	<a href="http://www.valueoptions.com">www.valueoptions.com</a>

### Comprehensive Health Care Benefit (CHCB)

Highmark Blue Cross/Blue Shield	1-866-267-3320	
UNITEDHealthcare	1-800-842-5252	<a href="http://www.myuhc.com">www.myuhc.com</a>

### Managed Medical Care Program (MMCP)

Aetna	1-800-842-4044	<a href="http://www.aetna.com">www.aetna.com</a>
Highmark Blue Cross/Blue Shield	1-866-267-3320	
UNITEDHealthcare	1-800-842-9905	<a href="http://www.myuhc.com">www.myuhc.com</a>

### Life Insurance and Accidental Death & Dismemberment

Metropolitan Life Insurance Co.	1-800-310-7770	
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### Mental Health/Substance Abuse

ValueOptions	1-800-934-7245	<a href="http://www.valueoptions.com">www.valueoptions.com</a>
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### Prescription Drugs

Medco Health Solutions, Inc.	1-800-842-0070	<a href="http://www.medco.com">www.medco.com</a>
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## **National Railway Carriers and United Transportation Union (NRC/UTU) Health & Welfare Plan**

### **Basic Health Care Benefit**

Highmark Blue Cross/Blue Shield 1-866-267-3320  
UNITEDHealthcare 1-888-445-4379 [www.myuhc.com](http://www.myuhc.com)

### **Care Coordination/Medical Management**

Aetna 1-800-821-5615 [www.aetna.com](http://www.aetna.com)  
Highmark Blue Cross/Blue Shield 1-866-267-3320  
UNITEDHealthcare 1-800-842-4555 [www.myuhc.com](http://www.myuhc.com)  
ValueOptions 1-800-934-7245 [www.valueoptions.com](http://www.valueoptions.com)

### **Comprehensive Health Care Benefit (CHCB)**

Highmark 1-866-267-3320  
UNITEDHealthcare 1-800-691-0013 [www.myuhc.com](http://www.myuhc.com)

### **Managed Medical Care Program (MMCP)**

Aetna 1-888-332-8742 [www.aetna.com](http://www.aetna.com)  
Highmark 1-866-267-3320  
UNITEDHealthcare 1-888-445-4379 [www.myuhc.com](http://www.myuhc.com)

### **Life Insurance and Accidental Death & Dismemberment**

Metropolitan Life Insurance Co. 1-800-310-7770

### **Mental Health/Substance Abuse**

ValueOptions 1-800-934-7245 [www.valueoptions.com](http://www.valueoptions.com)

### **Prescription Drugs**

Medco Health Solutions, Inc. 1-800-842-0070 [www.medco.com](http://www.medco.com)

**Railroad Employees National Early Retirement Major Medical Benefit Plan  
[“ERMA”]  
(formerly GA-46000)**

UNITEDHealthcare

1-800-842-5252

<http://www.myuhc.com>

**Railroad Employees National Dental Plan**

Aetna

1-877-277-3368

[www.aetna.com](http://www.aetna.com)

**Railroad Employees National Vision Plan**

VSP

1-888-877-4782

<http://www.vsp.com>

**Supplemental Sickness Benefit Plans Covering  
Shop Craft, Signal, and Maintenance of Way Employees**

UNUMProvident (claims prior to 12/31/05) 1-800-542-4231

Broadspire (claims after 1/1/06) 1-800-205-7651

**Supplemental Sickness Benefit Plan Covering Yardmasters**

Trustmark

1-800-504-9052